

Back, Neck and Shoulder Massage

30min

R420

Deep Tissue Back, Neck and Shoulder Massage

30min

R460

Want to get rid of all your knots and nodules? Then this is the perfect massage for your back.

Back, Neck and Shoulder Massage & Scalp or Back of Legs

**45**MIN

R550

Have invigorating back massage accompanied with a scalp massage or the back of your legs.

Pressure Point Foot Massage

30<sub>MIN</sub>

R350

Have tired feet? Enjoy a foot soak followed by a pressure point foot massage.

Full Body Massage

60<sub>MIN</sub>

R680

A customized body massage designed to relax, detox or revitalize mind body and soul.

Relaxing Full Body & Scalp Massage

**90**MIN

R900

Enjoy a relaxing full body massage, including a deep relaxing scalp massage.

Deep Tissue Full Body Massage

60<sub>MIN</sub>

R720

Enjoy an invigorating massage with therapists using deep pressure movements to release tense knots and nodules.

Deep Tissue Full Body & Scalp Massage

90<sub>MIN</sub>

R930

Have a deep pressure massage, getting rid of all those knots with and pressure point scalp massage.

**Cranial Healing** 

**60**MIN

R700

Enjoy a relaxing back, neck and shoulder massage followed by a scalp and facial massage that will relieve muscle tension and break down knots and stiff muscles.

African Potato Balm Full Body Massage

60<sub>MIN</sub>

R850

A deep relaxing and healing massage, using our African potato balm. Drift off, as the therapeutic benefits of the African potato allows you to unwind.

African Potato Balm Full Body & Scalp Massage

**90**MIN

R980

A deep relaxing and healing massage, using our African potato balm. Drift off, as the therapeutic benefits of the African potato allows you to unwind.